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Coaching Youth Tennis - 3rd Edition (Coaching Youth Series)



Synopsis

This new edition of Coaching Youth Tennis is part of the improved generation of the American Sport Education Program's (ASEP) Coaching Youth Sports series. This widely respected and highly popular series is the best collection of youth sport-specific guides, which are grounded in positive coaching principles. ASEP, the nation's number one coaching education program, developed Coaching Youth Tennis to provide coaches with both an explanation of their role and concrete instructions on fulfilling that role. You will find chapters on communicating with your athletes and their parents, teaching and developing tennis skills, planning and conducting practices, and coaching during games. This third edition includes a special chapter on the games approach to coaching tennis, which makes practice more fun for the kids and teaching more effective for you, the coach.

Book Information

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